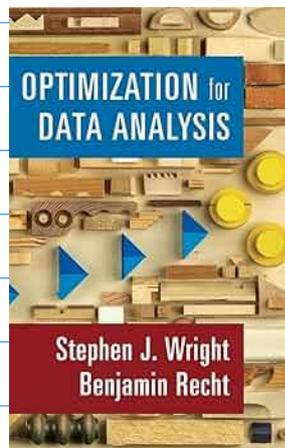
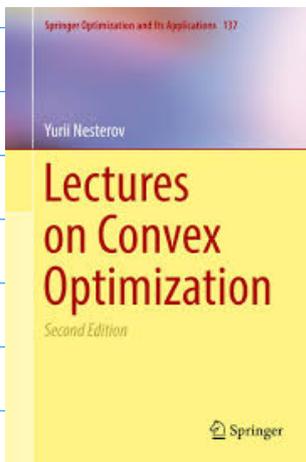


# Complexity in continuous optimization (2/6)

February 6, 2024

Today: Accelerated gradient from convex to nonconvex

## References:



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### “Convex Until Proven Guilty”: Dimension-Free Acceleration of Gradient Descent on Non-Convex Functions

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ICML 2017

Yair Carmon · John C. Duchi · Oliver Hinder · Aaron Sidford<sup>1</sup>

Mathematical Programming (2021) 185:315–355  
<https://doi.org/10.1007/s10107-019-01431-x>

FULL LENGTH PAPER

Series A

Lower bounds for finding stationary points II: first-order methods

Yair Carmon<sup>1</sup> · John C. Duchi<sup>2</sup> · Oliver Hinder<sup>3</sup> · Aaron Sidford<sup>3</sup>



Where we stand:

minimize  $f(x)$  ,  $f \in C_{L}^{1,1}$  ( $\nabla f$  exists at every  $x \in \mathbb{R}^n$   
 $x \in \mathbb{R}^n$  and  $\|\nabla f(x) - \nabla f(y)\| \leq L\|x-y\|$ )

Goal: Bound the number of iterations/gradient evaluations/function evaluations to find a point such that  $\|\nabla f(x)\| \leq \varepsilon$

One algorithm: Gradient descent

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k) , \alpha_k > 0 \quad (\text{e.g. } \alpha_k = \frac{1}{L})$$

Complexity:  $\|\nabla f(x_k)\| \leq \varepsilon$  after at most  $O(\varepsilon^{-2})$  iterations  
(Valid  $\forall \varepsilon > 0$ , implies  $\liminf_{k \rightarrow \infty} \|\nabla f(x_k)\| = 0$ )  
Upper bound is  $O(\varepsilon^{-2})$

Lower bound matches the upper bound: There exists a function  $f \in C_{L}^{1,1}$  such that GD takes exactly  $\varepsilon^{-2}$  iterations to reach a point such that  $\|\nabla f(x)\| \leq \varepsilon$ .

$\Rightarrow$  Sharp analysis (Lower and upper bound match)

$\Rightarrow$  How can we improve these results? Look at subclasses of  $C_{L}^{1,1}$  functions

Today:

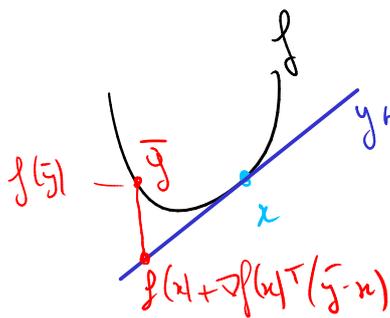
- Convex
- $C_{L}^{1,1} + C^2$  (nonconvex)

# ① Convex optimization

In this part, we suppose that  $f$  is  $C_{L}^{1,1}$  and convex or strongly convex.

$f \in C_{L}^{1,1}$  is convex  $\Leftrightarrow \forall (x, y) \in (\mathbb{R}^n)^2$ ,

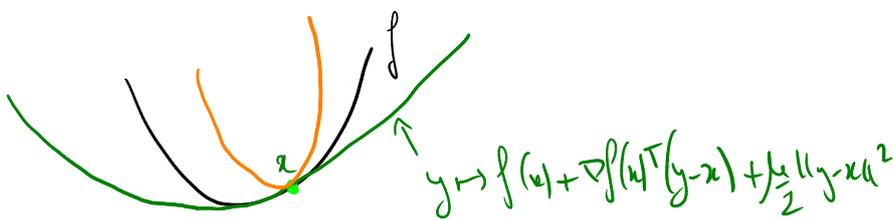
$$f(y) \geq f(x) + \underbrace{\nabla f(x)^T (y-x)}_{\text{linear function of } y}$$



Property: If  $f$  is  $C^1$  convex, then  $\nabla f(\bar{x}) = 0 \Leftrightarrow \bar{x} \in \text{argmin}_x f(x)$   
 ( $\bar{x}$  global minimum of  $f$ )

$f \in C_{L}^{1,1}$  is  $\mu$ -strongly convex  $\Leftrightarrow \forall (x, y) \in (\mathbb{R}^n)^2$ ,

$$f(y) \geq f(x) + \nabla f(x)^T (y-x) + \underbrace{\frac{\mu}{2} \|y-x\|^2}_{\text{quadratic function of } y}$$



(NB:  $f \in C_{L}^{1,1} \Rightarrow \forall (x, y) \in (\mathbb{R}^n)^2$ ,  $f(y) \leq f(x) + \nabla f(x)^T (y-x) + \frac{L}{2} \|y-x\|^2$ )

Property: If  $f \in C_{L}^{1,1}$  and  $\mu$ -strongly convex, then it has a unique minimum which is the unique solution of  $\nabla f(x) = 0_{\mathbb{R}^n}$

$f$  is  $\mu$ -strongly convex  $\Leftrightarrow x \mapsto \underbrace{f(x) - \frac{\mu}{2} \|x\|^2}_{\bar{f}}$  is convex

minimize  $\bar{f}(y) - \bar{f}(x) - \nabla \bar{f}(x)^T (y-x)$   
 $x, y$

$$f\left(\begin{bmatrix} x_1 \\ x_2 \end{bmatrix}\right) = x_1^2$$

## $\hookrightarrow$ Gradient descent on convex problems

$$\rightarrow x_{k+1} = x_k - \alpha_k \nabla f(x_k) = x_k - \frac{1}{L} \nabla f(x_k)$$

$\rightarrow f \in C_{L}^{1,1}$  and convex, and has at least 1 minimum

Then, GD reaches a point  $x_k$  such that

$$f(x_k) - \min_{x \in \mathbb{R}^d} f(x) \leq \varepsilon \quad \text{in at most } O(\varepsilon^{-1}) \text{ iterations}$$

$$\Leftrightarrow \|\nabla f(x_k)\| \leq \varepsilon \quad \text{in at most } O(\varepsilon^{-1}) \text{ iterations}$$

Typical criterion for complexity in the convex setting

(replaces  $\|\nabla f(x)\| \leq \varepsilon$  used in the nonconvex setting)

$\Rightarrow$  Indicates how far the current function value is from the minimum value

Proof: • Since  $f$  is  $C_{L}^{1,1}$ ,  $\forall k \in \mathbb{N}$ ,

$$\begin{aligned} f\left(x_k - \frac{1}{L} \nabla f(x_k)\right) &\leq f(x_k) + \nabla f(x_k)^T \left(x_k - \frac{1}{L} \nabla f(x_k) - x_k\right) + \frac{L}{2} \left\|x_k - \frac{1}{L} \nabla f(x_k) - x_k\right\|^2 \\ &\leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|^2 \end{aligned}$$

$x_{k+1}$

$$f(x_{k+1}) \leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|^2$$

Let  $x^* \in \operatorname{argmin}_x f(x)$  and  $f^* = f(x^*) = \min_x f(x)$

By convexity,  $f(x^*) \geq f(x_k) + \nabla f(x_k)^T (x^* - x_k)$

$$\Leftrightarrow f(x_k) \leq f(x^*) + \nabla f(x_k)^T (x_k - x^*)$$

Hence,  $f(x_{k+1}) \leq f(x^*) + \nabla f(x_k)^T (x_k - x^*) - \frac{1}{2L} \|\nabla f(x_k)\|^2$

Then  $f(x_{k+1}) - f(x^*) \leq \nabla f(x_k)^T (x_k - x^*) - \frac{1}{2L} \|\nabla f(x_k)\|^2$

$$= \frac{L}{2} \left( \|x_k - x^*\|^2 - \|x_{k+1} - x^*\|^2 \right)$$

$$\uparrow$$

$$x_k - \frac{1}{L} \nabla f(x_k)$$

Suppose that  $f(x_k) - f(x^*) > \varepsilon \quad \forall k = 0, \dots, K$

$$\begin{aligned} \text{Then } \sum_{k=0}^{K-1} f(x_{k+1}) - f(x^*) &\leq \frac{L}{2} \sum_{k=0}^{K-1} (\|x_k - x^*\|^2 - \|x_{k+1} - x^*\|^2) \\ &= \frac{L}{2} (\|x_0 - x^*\|^2 - \|x_K - x^*\|^2) \end{aligned}$$

$$K\varepsilon < \underbrace{\sum_{k=0}^{K-1} (f(x_{k+1}) - f(x^*))}_{> \varepsilon} \leq \frac{L}{2} \|x_0 - x^*\|^2$$

$$\Rightarrow K < \frac{L}{2} \|x_0 - x^*\|^2 \varepsilon^{-1} = O(\varepsilon^{-1})$$

For  $\mu$ -strongly convex case, can show

$$f(x_k) - f(x^*) \leq \left(1 - \frac{\mu}{L}\right)^k (f(x_0) - f(x^*))$$

(Behind this:  $\|\nabla f(x)\|^2 \geq 2\mu (f(x) - f(x^*))$ , natural consequence of strong convexity inequality)

$$f \stackrel{C^{1,1}}{L} \Rightarrow f(x_{k+1}) \leq f(x_k) - \frac{1}{2L} \|\nabla f(x_k)\|^2$$

$$\leq f(x_k) - \frac{\mu}{L} (f(x_k) - f(x^*))$$

$$f(x_{k+1}) - f(x^*) \leq f(x_k) - f(x^*) - \frac{\mu}{L} (f(x_k) - f(x^*)) = \left(1 - \frac{\mu}{L}\right) (f(x_k) - f(x^*))$$

→ The proof in the strongly convex setting is (in some way) easier than the proof in the convex setting

Complexity of GD :  $O\left(\frac{L}{\mu} \ln(\varepsilon^{-1})\right)$

Same GD algorithm	$f \stackrel{C^{1,1}}{L}$
$f$ non-convex	$\ \nabla f(x)\  \leq \varepsilon \quad O(\varepsilon^{-2})$
$f$ convex	$f(x) - \min_x f(x) \leq \varepsilon \quad O(\varepsilon^{-1})$
$f$ $\mu$ -strongly convex	$\quad \quad \quad \quad \quad \quad \quad \quad O\left(\frac{L}{\mu} \ln(\varepsilon^{-1})\right)$

↑ constant in term of  $\varepsilon$  but important for the complexity  
 $L/\mu$  : "condition number"

Pb: In the convex/strongly convex settings, the upper bounds for GD do not match the lower bounds:

Abramovskii & Yudin 1983

Existence result:  
 there exists an algorithm that uses only one gradient per iteration

→ If  $f \in C_{L, \mu}^{1,1}$  convex, there exists an algorithm with complexity  $O(\varepsilon^{-1/2})$

→ If  $f \in C_{L, \mu}^{1,1}$   $\mu$ -strongly convex,  $\exists$  algorithm with complexity  $O\left(\sqrt{\frac{L}{\mu}} \ln(\varepsilon^{-1})\right)$

$\mu \leq L \implies \sqrt{\frac{L}{\mu}} \leq \frac{L}{\mu}$

→ Algorithm was unknown until Yurii Nesterov discovered it in 1983

## Accelerated gradient / Nesterov's method ( $x_0 \in \mathbb{R}^n$ )

$$x_{k+1} = x_k - \alpha_k \nabla f\left(x_k + \underbrace{\beta_k (x_k - x_{k-1})}_{\text{momentum term}}\right) + \beta_k (x_k - x_{k-1})$$

$$\alpha_k > 0, \beta_k > 0 \quad (\beta_0 = 0, x_{-1} = x_0)$$

Equivalent formulation:

$$\begin{cases} y_k = x_k + \beta_k (x_k - x_{k-1}) \\ x_{k+1} = y_k - \nabla f(y_k) \end{cases}$$

$$\begin{aligned} \beta_0 &= 0 \\ x_{-1} &= x_0 \\ y_0 &= x_0 \end{aligned}$$

Note: Momentum methods in RL (SGD with momentum, Adam)

$$x_{k+1} = x_k - \alpha_k \nabla f_{ii}(x_k) + \beta_k (x_k - x_{k-1})$$

$\nabla f(x_k)$ : stochastic gradient  $\approx$  sample

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## Analyzing Nesterov's method

$$\begin{cases} y_k = x_k + \beta_k(x_k - x_{k-1}) \\ x_{k+1} = y_k - \alpha_k \nabla f(y_k) \end{cases} \quad y_0 = x_0, \beta_0 = 0, x_{-1} = x_0$$

a)  $f$  is  $\mu$ -strongly convex

$$\rightarrow \alpha_k = \frac{1}{L}, \quad \beta_k = \frac{\sqrt{k} - 1}{\sqrt{k} + 1} \quad \text{where } \kappa = \frac{L}{\mu}$$

Key difference with GD analysis

$$f^* = \min f(x)$$

• In GD, we look at  $f(x_k) - f^*$  and we show

$$\begin{aligned} f(x_k) - f^* &\leq \left(1 - \frac{\mu}{L}\right)^k (f(x_0) - f^*) \\ &= \left(1 - \frac{1}{\kappa}\right)^k (f(x_0) - f^*) \end{aligned}$$

"Lyapunov function for GD"

• In AG (Accelerated Gradient)'s analysis, we use

$$V_k := f(x_k) - f^* + \frac{L}{2} \|x_k - x^* - \rho(x_{k-1} - x^*)\|^2$$

with  $\rho = \left(1 - \frac{1}{\sqrt{\kappa}}\right) = 1 - \sqrt{\frac{\mu}{L}}$

$\Rightarrow$  the analysis shows  $V_k \leq \rho^k V_0$

$$V_0 = f(x_0) - f^* + \frac{L}{2} \|(1-\rho^2)(x_0 - x^*)\|^2$$

$$= f(x_0) - f^* + \frac{\mu}{2} \|x_0 - x^*\|^2$$

$\Rightarrow$  Gives the  $O\left(\sqrt{\frac{L}{\mu}} \ln(\varepsilon^{-1})\right)$  bound

vs  $O\left(\frac{L}{\mu} \ln(\varepsilon^{-1})\right)$  for gradient descent

b) Convex case (Not strongly convex)

Nesterov's implementation of accelerated gradient

$$\begin{cases} y_k = x_k + \beta_k (x_k - x_{k-1}) \\ x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k) \end{cases}$$

$$\begin{aligned} \beta_0 &= 0 \\ \beta_k &= \rho_k \rho_{k-1}^2 \quad k \geq 1 \\ \rho_0 &= \rho_{-1} = 0 \end{aligned}$$

Not non-intuitive part of the algorithm:  $\{\rho_k\}$  and  $\{\beta_k\}$  is defined independently of the problem ( $f$ ) and  $x_0$

$\rho_{k+1}$  is the positive root of

$$1 + \rho_{k+1} (\rho_k^2 - 1) - \rho_{k+1}^2 = 0$$

$$\rho_{k+1} = \frac{1 + \sqrt{1 + 4\rho_k^2}}{2}$$

$\rightarrow$  Analysis relies on the Lyapunov function

$$W_k = f(x_k) - f^* + \frac{L}{2} \|(x_k - x^*) - \rho_{k-1}^2 (x_{k-1} - x^*)\|^2$$

$\rightarrow$  show  $W_k \leq \rho_{k-1}^2 \dots \rho_1^2 W_1 = (1 - \rho_{k-1}^2)^2 W_1$

and  $W_1 \leq \frac{L}{2} \|x_0 - x^*\|^2$



Nesterov's example: dimension " $\frac{1}{\epsilon}^{-1/2}$ " but quadratic convex

Carré, Gold-Toint examples: dimension 1 or 2, but very nonlinear nonquadratic

## ② Acceleration in the non-convex setting

→ If  $f$  is just  $C_{L}^{1,1}$  and non-convex, cannot do better than GD!

→ If  $f$  is  $C_{L}^{1,1}$ , non-convex and  $C^{2,2}$ , then you can do better than GD, and you can do that with a variant of Nesterov's method (Carmon et al '17)

Idea: "Convex until proven guilty"

- Run AG as if the function were strongly convex
- Two cases:
  - Either the method works as in the strongly convex setting
  - Or it doesn't, and take a negative curvature step instead of doing 1 iteration of AG

Negative curvature

$f$  non-convex  $C^2$ :

$$\bar{x} \text{ (argmin)}_x f(x) \Rightarrow \begin{cases} \nabla f(\bar{x}) = 0 \\ \nabla^2 f(\bar{x}) \succeq 0 \end{cases}$$

$$\forall v \in \mathbb{R}^n, \quad \uparrow \quad v^\top \nabla^2 f(\bar{x}) v \geq 0$$

When  $f$  is convex  $C^2$ ,  $\nabla^2 f(x) \succeq 0$  true  $\forall x$ !

For nonconvex  $f$ , if  $\nabla^2 f(x) \succeq 0$  does not hold,  
the function decreases from  $x$  along any

direction  $v$  such that  $v^T \nabla^2 f(x) v < 0$

$\uparrow$   
Negative curvature direction (and  $v^T \nabla f(x) \leq 0$ )

Negative curvature step:  $x + \alpha v$   
 $\alpha > 0$

Algorithm  $(x_0, L, \epsilon, \epsilon_H)$

$L$  Lipschitz constant for the gradient

$\epsilon > 0$  for complexity: used in the algorithm

For  $k=0, 1, \dots$

$\rightarrow$  Define  $\hat{f}_k(z) = f(z) + \epsilon_H \|z - x_k\|^2 \approx$  Lyapunov function

$\rightarrow$  Run AG on  $\hat{f}_k$  to find a point  $z_k$  such that  $\|\nabla \hat{f}_k(z_k)\| \leq \epsilon/L_0$

assuming that the function  $\hat{f}_k$  is  $\epsilon_H$ -strongly convex

$\downarrow$   
true if  $f$  is convex, false otherwise

At every iteration of AG, check whether the strong convexity inequality holds between every pair of points that it computed, and stop if the inequality is violated.

$$f(u) \geq \hat{f}_k(u) + \frac{\epsilon_H}{2} \|u - v\|^2$$

• If AG stops with  $\|\nabla \hat{f}_k(x_k)\| \leq \frac{\epsilon}{L}$ ,  
 define  $x_{k+1} = x_k$ .

The function  
 is  $\mu$ -strongly  
 convex  $\rightarrow$   
 "enough" around  
 $x_k$  for AG  
 to fail

• Otherwise, get a pair  $(u_k, v_k)$  that  
 violates the strong convexity inequality.  
 and use  $u_k - v_k$  as a negative  
 curvature direction.

$$x_{k+1} = x_k + \eta (u_k - v_k)$$

Analysis: At every iteration  $k$ ,

$$f(x_k) - f(x_{k+1}) \geq O\left(\frac{\|\nabla f(x_k)\|^2}{\epsilon_k}\right) \geq O\left(\frac{\epsilon^2}{\epsilon_k}\right)$$

if  $\|\nabla f(x_k)\| \geq \epsilon$

•  $f(x_k) - f(x_{k+1}) \geq O(\epsilon_k^3)$   
 if AG fails

$\Rightarrow$  The method computes  $x_k$  s.t. that  $\|\nabla f(x_k)\| \leq \epsilon$   
 in at most  $O(\max(\epsilon^{-2} \epsilon_k, \epsilon_k^{-3}))$  iterations

$\Rightarrow$  With  $\epsilon_k = \epsilon^{1/2}$ , get  $O(\epsilon^{-3/2})$  iterations

Better than  $O(\epsilon^{-2})$  for GD!

→ Every call to AG terminates (with success/failure) after at most  $O\left(\frac{\sqrt{L+2\varepsilon_H}}{\varepsilon_H} \ln\left(\frac{1}{\varepsilon}\right)\right) = O\left(\sqrt{\frac{1}{\varepsilon_H}} \ln\left(\frac{1}{\varepsilon}\right)\right)$

⇒ Total number of iterations:

$$O\left(\frac{1}{\sqrt{\varepsilon_H}} \ln\left(\frac{1}{\varepsilon}\right)\right) \times O\left(\max(\varepsilon^{-2} \varepsilon_H, \varepsilon_H^{-3})\right)$$

$$\varepsilon_H = \varepsilon^{1/2}$$

$$\hookrightarrow O\left(\varepsilon^{-7/4} \ln(1/\varepsilon)\right) = \tilde{O}\left(\varepsilon^{-7/4}\right)$$

⇒ still better (for small  $\varepsilon$ ) than  $O(\varepsilon^{-2})$

$\varepsilon^{-7/4}$ : Best known upper bound for algorithms that use only gradient information to optimize a  $C^{1,1} \cap C^{2,2}$  function

Lower bound (for this class of methods/functions):  $O\left(\varepsilon^{-12/7}\right)$

⇒ Achieved for an example with dimension  $O(\varepsilon^{-12/7})$

## Takeaways

- AG better than GD for convex (strongly convex) versions
- Analyser: Lyapunov functions + convexity inequalities
- Extension to nonconvex (+negative curvature)